



THE Courtyards *Lifestyle*

COURTYARDS
OF ODESSA

Like Us!  

ASSISTED LIVING & MEMORY CARE COMMUNITY
201 Parks Village Drive · Odessa, TX 79765 · (432) 348-8047

APRIL 2025

Laugh Lines: Funny Side Up

Have fun cracking up at these egg-cellent puns!

Q: When's the best time to tell an egg joke?

A: At the crack of dawn!

Q: How does a chicken leave the coop?

A: Through the eggs-it.

Q: Why did the hen lay an egg on an axe?

A: She was trying to hatchet.

Q: Who tells the best egg jokes?

A: Comedi-hens!

Q: Why did the hen fall asleep on the job?

A: She was eggs-hausted.

Q: What's an egg's favorite tree?

A: The mighty yolk.

Q: Do dinosaurs lay eggs?

A: Not anymore—they're egg-stinct!

Q: What sound does a meditating egg make?

A: "Ommmm-elet."

Q: Where can you find the freshest eggs?

A: New York City!

Q: Why don't eggs make good spies?

A: Because they always crack under pressure.

Did you hear about the eggs who went on a blind date? They met on *Hatch.com*!

When you collect eggs, you have to ruffle some feathers.

I bought a carton of eggs that were marked "one-third off." Unfortunately, four of them were rotten!

A piece of toast and a fried egg walk into a bar. The bartender says, "Sorry, we don't serve breakfast here."



Chasing Rainbows

A rainbow is one of the most wondrous sights in nature. Here's how you can spot one!

Rainbows are caused by light shining through water, so the best time to look for them is during a break in a rainstorm, when the sun is peeking out. Early mornings and late afternoons are better. Look for the sun in the sky and then turn your back to it—rainbows only appear across from the sun.

The sky beneath a rainbow is brighter than the sky above it, so if you see a bright patch of sky, look closely. There may be a faint rainbow! When a rainbow itself is especially vibrant, there may be a double rainbow reflected from the top of the arc. The colors of this rainbow will be in reverse.



COURTYARDS OF ODESSA

APRIL 2025

All That Jazz All Month Long

Every April, the smooth sounds of saxophones, trumpets and bass can be heard across the country as groups recognize Jazz Appreciation Month. But it's not just the melodies of musical instruments that make jazz sound so sweet, it's also due to the strings of nonsensical words jazz singers are famous for: a talent known as scatting. Made popular by the trendsetter Louis Armstrong, the art of scatting, or scat singing, is a kind of improvisation where the voice is used as an instrument to create wordless phrases and lines. Go ahead and give it a try to celebrate the month with a heartfelt doo-bee-doo-bee doo; bah-bah-doo; dat-n-dat, dat-n-dat; dee doo.

Happy Easter

Our staff would like to take this opportunity to say happy Easter to our residents who celebrate this holiday. Enjoy the day.

"April is a promise that May is bound to keep."
—Hal Borland

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 9:00 Resident Weigh-Ins 9:45 Sit-N-B Fit 10:30 Calendar Catch-Up with Yvette 12:00 Lunch 1:15 Bingo 3:00 Ready Set Go! Easter Egg Race 5:00 Dinner</p>	<p>2 9:45 Select Rehab Exercise w/ Jason 10:15 Shop Until You Drop "Walmart" 12:00 Lunch 1:15 Bingo 3:00 Easter Basket Drawing Art Fun 5:00 Dinner</p>	<p>3 9:45 Sit-N-B Fit 10:00 Dementia Training Breakfast Bar Hosted By Interm 10:30 Chocolate Covered Marshmallow Egg Fun 12:00 Lunch 1:15 Bingo 3:00 Easter Egg Patchwork Craft 5:00 Dinner</p>	<p>4 9:45 Sit-N-B Fit 10:30 One on Ones w Yvette 12:00 Lunch 1:15 Bingo with Coke Floats 3:30 Jelly Bean Sorting 5:00 Dinner</p>	<p>5 9:45 Sit-N-B Fit 10:00 Vendor Pop-Up Shoppe 12:00 Lunch 1:15 Bingo 3:00 Saturday Cinema (Senior Moment) 3:15 Popcorn Deliveries 5:00 Dinner</p>
<p>6 9:45 Sit-N-B Fit 12:00 Lunch 1:30 Resident Led Coloring Club 2:30 Resident Led Skip-Bo 5:00 Dinner</p>	<p>7 9:45 Select Rehab Exercise w/ Jason 12:00 Lunch 1:30 Resident Led Puzzle Club 2:30 Resident Led Skip-Bo 5:00 Dinner</p>	<p>8 9:30 Amenti Beauty Academy 9:45 Sit-N-B Fit 10:30 Easter Pictures 12:00 Lunch 1:15 Bingo 3:00 Easter Chic Craft 5:00 Dinner</p>	<p>9 9:45 Select Rehab Exercise w/ Jason 10:30 Bible Study w/ Clay 12:00 Lunch 1:15 Easter Bingo Fun 3:00 Happy Hour Social 5:00 Dinner</p>	<p>10 9:45 Sit-N-B Fit 10:45 Grab A Friend & Let's Go Out For Lunch (Cheddar's) 12:00 Lunch 1:15 Bingo 3:00 Friendly Game of Cards 5:00 Dinner</p>	<p>11 9:30 Men's Coffee with Clark 9:45 Sit-N-B Fit 12:00 Lunch 1:15 Bingo 2:30 Apple Pie & Ice Cream Social 5:00 Dementia Social Support Group Hosted by Angels 5:00 Dinner</p>	<p>12 9:45 Sit-N-B Fit 12:00 Lunch 1:15 Bingo 3:00 Saturday Cinema (Book Club) 3:15 Popcorn Deliveries 5:00 Dinner</p>
<p>13 9:45 Sit-N-B Fit 12:00 Lunch 1:30 Resident Led Coloring Club 2:30 Resident Led Skip-Bo 5:00 Dinner</p>	<p>14 9:45 Select Rehab Exercise w/ Jason 12:00 Lunch 1:30 Resident Led Puzzle Club 2:30 Resident Led Skip-Bo 5:00 Dinner</p>	<p>15 TAX DAY \$\$\$\$ 9:45 Sit-N-B Fit 12:00 Lunch 1:15 Bingo 3:00 Color Easter Eggs with Yvette in the Bingo Hall 5:00 Dinner</p>	<p>16 Hop on Down for Fun 9:45 Select Rehab Exercise w/ Jason 10:15 \$1.25 Dollar Tree Adventure 1:00 Hot Dogs on the Grill 2:30 Easter Bonanza Hosted By Gentiva on the Patio @ 2:30 5:00 Dinner</p>	<p>17 9:45 Sit-N-B Fit 10:30 Coffee and Coffee Cake Social 12:00 Lunch 1:15 Bingo 3:00 Fancy Nails by Yvette in the Bingo Hall 5:00 Dinner</p>	<p>18 Good Friday 9:45 Sit-N-B Fit 10:30 Deviled Egg Event 12:00 Lunch 1:15 Easter Bingo Bash 2:30 Ice Cream Social W/ Bugs Bunny Trivia 5:00 Dinner</p>	<p>19 9:45 Sit-N-B Fit 12:00 Lunch 1:15 Bingo 3:00 Saturday Cinema (Still Mine) 3:15 Popcorn Deliveries 5:00 Dinner</p>
<p>20 Easter Sunday 9:45 Sit-N-B Fit 10:30 Church Service Online 12:00 Lunch 1:30 Resident Led Coloring Club 2:30 Resident Led Skip-Bo 5:00 Dinner</p>	<p>21 9:45 Select Rehab Exercise w/ Jason 12:00 Lunch 1:30 Resident Led Puzzle Club 2:30 Resident Led Skip-Bo 5:00 Dinner</p>	<p>22 9:45 Sit-N-B Fit 12:00 Lunch 1:15 Bingo 3:00 Outside Fun in the Front with Fruit 5:00 Dinner</p>	<p>23 9:45 Select Rehab Exercise w/ Jason 10:30 Bible Study w/ Clay 12:00 Lunch 1:15 Snack Bag Bingo 3:00 Easter Basket Drawing Art Fun 5:00 Dinner</p>	<p>24 9:45 Sit-N-B Fit 12:00 Lunch 1:15 Bingo 3:00 Volleyball in the Bistro 5:00 Dinner</p>	<p>25 9:45 Sit-N-B Fit 12:00 Lunch 1:15 Bingo 2:30 Banana Split Social 5:00 Dinner</p>	<p>26 9:45 Sit-N-B Fit 12:00 Lunch 1:15 Bingo 3:00 Saturday Cinema (Mrs. Palfrey at the Claremont) 3:15 Popcorn Deliveries 5:00 Dinner</p>
<p>27 9:45 Sit-N-B Fit 12:00 Lunch 1:30 Resident Led Coloring Club 2:30 Resident Led Skip-Bo 5:00 Dinner</p>	<p>28 9:45 Select Rehab Exercise w/ Jason 12:00 Lunch 1:30 Bingo by David w/Angel's Hm Health 2:30 Resident Led Skip-Bo 5:00 Dinner</p>	<p>29 9:45 Sit-N-B Fit 10:30 Walking Club Outside 12:00 Lunch 3:00 Pie Social in the Diner 5:00 Dinner</p>	<p>30 9:45 Select Rehab Exercise w/ Jason 12:00 Lunch 1:15 Bingo 3:00 April Showers Brings May Flowers Bash 5:00 Dinner</p>			



Easy, Breezy Springtime Crafts

Spring has arrived, so get in the swing of things and celebrate the new season with these fun and simple crafts.

Festive florals. Whether fresh or faux, nothing says spring like flowers. Dress up a plain vase or a clean, empty jar to display them in. Add stripes or other geometric designs with patterned tape, or glue on a piece of colored tissue paper or a swatch of fabric.

Rainy day welcome. Fill a pair of brightly colored rain boots with artificial flowers or greenery, then set the display by the door to welcome in spring.

Yarn-wrapped eggs. Eggs are popular as a symbol of the season. Wrap strands of yarn or embroidery floss around wooden, plastic or foam eggs, then display them in a bowl or tray. Or, lay a grapevine wreath flat on a table or shelf and place the eggs in the middle to resemble a bird's nest.

Spring garland. Use watercolors to paint several sheets of blank paper, letting the colors swirl together to create a marbled pattern. Once the paper dries, cut raindrop, egg or flower shapes out of the paper, then punch a hole in each shape and loop them all on a string. Hang the garland above a doorway or across a shelf.

Rainbow Rhythms

Streaking through the clouds after a storm, rainbows may merely be a trick of the light—caused by light shining through water droplets—but that doesn't stop the immense joy they bring, inspiring many melodies through the years.

From the classic 1939 film "The Wizard of Oz," Judy Garland's "Over the Rainbow" is arguably the most famous song on the subject of the colorful arcs.

About dreams coming true and troubles melting away, the ballad was later covered by Hawaiian singer Israel Kamakawiwo'ole and set to ukulele music.

A "Pocketful of Rainbows" and "a heart full of love" kept Elvis Presley worry-free in the 1960 film "G.I. Blues."

Released in 1965, Lesley Gore's "Sunshine, Lollipops and Rainbows" will have you bopping along to the sweet love song.

Different from the typical rockin' sound of the Rolling Stones, the piano and strings featured in the 1967 love song "She's a Rainbow" create a wholesome and sweet melody.

Just because it's performed by a puppet, that doesn't make "Rainbow Connection" by Kermit the Frog (aka Jim Henson) any less of a gem. Written for "The Muppet Movie" (1979), this folksy song with banjo accompaniment ponders the true meaning of life.

Clap along to the catchy beat in "Rainowland," a 2017 duet between Miley Cyrus and Dolly Parton, which envisions a peaceful paradise where everyone lives in happy harmony.

In her 2019 single "Rainbow," country artist Kacey Musgraves reminds us that even when the rain is pouring, "there's always been a rainbow hangin' over your head."

Laugh Lines: Springtime Silliness

Q: What is the best appetizer to enjoy in spring?

A: A bloomin' onion.

Q: Why did the bird go to the hospital?

A: It needed tweet-ment.

Q: How do you make a waterbed bouncer?

A: Fill it with spring water.

Q: Why is Yoda so good at gardening?

A: He has a green thumb!

Q: What do you call a bear that gets caught in the rain?

A: A drizzly bear.

Q: After a long winter, what did the tree say when spring began?

A: "What a re-leaf!"

What if April Fools' Day is actually on April 2 and we've all been fooled into thinking it's April 1?

A and C were going to prank their friend ... but they just letter B.

I decided to start an aerobics class. I bent, twisted, jumped up and down, and perspired for an hour, but by the time I got my leotard on, the class was already over.

When it starts raining ducks and chickens, that's some fowl weather.

There are some friends you know who will never pull an April Fools' Day prank because they think it's still March.

